



ASSEMBLIES

Stranger Danger
Be Safe Be Seen
Road Safety
Using social media safely
NSPCC Stay Safe, Speak Out
NSPCC PANTS
Water Safety

EYFS

Autumn
Being Me
Celebrating Differences
Spring
Dreams and Goals
Healthy Me
Summer
Relationships
Changing Me
Development Matters
Managing self, self-regulation, building relationships.

YEAR ONE

Autumn - Being Me & Celebrating Differences
Feeling safe, belonging to my class, my rights and responsibilities, choices and consequences.
Identify similarities and differences between people. Identifying bullying, and who I can talk to.

Spring - Dreams and Goals & Healthy Me
Setting simple goals, achieving goals, working with a partner, tackling new challenges, celebrating success. Understanding differences between healthy and unhealthy lifestyles. Making healthy choices, hygiene, medicine safety and road safety.

Summer - Relationships & Changing Me
Understanding different families. Being a good friend. Appropriate ways of using physical contact to greet people, people who help us, special qualities and special relationships.
Life cycles, changing me, my changing body. Learning and growing.
Meeting my new teacher, transition work.

YEAR TWO

Autumn - Being Me & Celebrating Differences
Hopes and fears, rights and responsibilities, rewards and consequences, listening to others, choices and consequences.
Understanding stereotyping (boys/girls). Why does bullying happen?
Standing up for myself and others. Being friends with people who are different. Celebrating my differences.

Spring - Dreams and Goals & Healthy Me
Setting realistic goals, perseverance, recognise who I work well with and whom it is more difficult. Working well in a group. Sharing success. What I need to keep healthy. Being relaxed. Medicine safety. Healthy eating.

Summer - Relationships & Changing Me
My family and my relationship with them. Keeping safe - exploring physical contact. Conflict with friends. Understanding when to keep a secret and when not to.
People I trust - special relationships. Life cycles in nature. Growing from young to old. The changing me. Boys' and girls' bodies. Assertiveness.
Meeting my new teacher, transition work.

YEAR THREE

Autumn - Being Me & Celebrating Differences
Getting to know each other. Facing challenges. Rules and rights & responsibilities. My actions. Making responsible choices. Points of view. Appreciating differences between families. Understanding that sometimes there is conflict between families.
Witnessing bullying and solutions. Understanding that words can be harmful. Giving and receiving compliments.

Spring - Dreams and Goals & Healthy Me
Difficult challenges and success. Dreams and ambitions.
New challenges. Being motivated and enthusiastic about new challenges. Recognising obstacles. Evaluate my own learning process.
Being fit and healthy. Making healthy choices. What do I know about drugs? Being safe (identifying people and places I need to keep safe from) Safe or unsafe?
Taking care of my body.

Summer - Relationships & Changing Me
Family roles and responsibilities. Friendship skills. Keeping myself safe online. Being a global citizen, (awareness and empathy). Celebrating my web of relationships.
How babies grow. Outside body changes. Family stereotypes. Looking ahead. Meeting my new teacher.
Transition work.

YEAR FOUR

Autumn - Being Me & Celebrating Differences
Becoming a team. School community. Democracy. My actions can affect others. Understanding how many groups make decisions. Understand how groups make decisions. Understand how democracy can help a school community. Judging people by appearance. Understanding influences, Understanding bullying. Problem - solving bullying situations. Identifying what is special about me. Thinking about times when first impressions have changed.

Spring - Dreams and Goals & Healthy Me
Hope and dreams. Understanding that hopes and dreams do not always come true. Overcoming disappointment. Setting new goals. Achieving goals. Identifying my contributions in group achievements.
Friendship groups. Group dynamics. Smoking. Alcohol. Healthy friendships. Right and wrong.

Summer - Relationships & Changing Me
Jealousy. Love and loss. Memories. Getting on and falling out. Online safety. Celebrating my relationships with people and animals. Unique me. Circles of change. Accepting change. Looking ahead. Meeting my new teacher.
Transition work.

YEAR SIX

Autumn - Being Me & Celebrating Differences
Identifying goals for the year ahead. Universal rights for children. Understand how actions can affect others locally and globally. My behaviour, rewards and consequences. Understanding how democracy can help a school community. Perceptions of normal. Understand how being different can affect someone's life. Understand how one person or a group can have power over other. Understand why some people use bullying behaviours. Identify people with disabilities who lead amazing lives. Understand how difference can be a cause of conflict or celebration.

Spring - Dreams and Goals & Healthy Me
Setting challenges but realistic goals. Steps to success. Identifying problems in the world. Help to make the world a better place. Working with others to help make the world a better place. Recognising my achievements. Taking responsibility for my health and wellbeing. Drugs, Exploitation. Gangs. Emotional and mental health. Managing stress and pressure.

Summer - Relationships & Changing Me
What is mental health? Taking care of my mental health. Love and loss. Understanding when people try to gain power or control. Online safety. Using technology positively and safely.
My self image. Puberty. Boyfriends and girlfriends. Real self and ideal self. The year ahead. Transition work for high school.

YEAR FIVE

Autumn - Being Me & Celebrating Differences
Facing new challenges positively. Rights and responsibilities as a citizen of my country. Rights and responsibilities as a member of my school. Making behaviour choices. Understanding how behaviour can impact a group. Understanding how democracy can help a school community. Cultural differences. Understanding racism. Rumour spreading and bullying behaviour. Direct and indirect bullying. Comparing my life with a child in the developing world. Understanding a different culture to my own.

Spring - Dreams and Goals & Healthy Me
Understanding that I need money to achieve some of my dreams. Jobs and careers. Identifying a job that I'd like to do. Identifying dreams and goals of a young person in a different culture to mine. Learning from someone in a different culture. Rallying support.
Smoking. Alcohol. Emergency aid. Body image. Relationships with food. A healthy lifestyle.

Summer - Relationships & Changing Me
Recognising my personal characteristics and qualities. Online safety. Being safe on social media. Online gaming safety. My relationship with technology (too much screen time). Communicating with my friends online - staying safe.
Self and body image. Puberty for girls. Puberty for boys. Conception. Looking ahead. Meeting my new teacher. Transition work.

MEIR HEATH ACADEMY SAFEGUARDING CURRICULUM