

Curriculum Area: Physical Education – All themes are subject to change and modification.



Subject Lead: M Wilkinson

	Reception	Y1	Y2	Y3	Y4	Y5	Y6
<b>Autumn 1</b>	<b>Gymnastics:</b> Travelling theme	<b>Games:</b> Multi skills <b>Dance:</b> Variety of themes	<b>Games:</b> Multi skills <b>Dance:</b> Variety of themes	<b>Games:</b> Basketball <b>Games:</b> Netball	<b>Games:</b> Basketball (outdoor Ed.) <b>Games:</b> Rounders/Netball	<b>Games:</b> Handball <b>Swimming</b>	<b>Games:</b> Handball <b>Games:</b> Rounders/Danish Longball
<b>Autumn 2</b>	<b>Dance:</b> Variety of themes	<b>Gymnastics:</b> Hands and Feet theme <b>Dance:</b> Variety of themes	<b>Gymnastics:</b> Weight Bearing theme <b>Dance:</b> Variety of themes	<b>Games:</b> Uni Hockey <b>Games:</b> Netball	<b>Games:</b> Uni Hockey <b>Games:</b> Netball	<b>Games:</b> Sportshall Athletics <b>Swimming</b>	<b>Games:</b> Uni Hockey <b>Games/OAA:</b> team building games
<b>Spring 1</b>	<b>Games:</b> Multi skills	<b>Gymnastics:</b> Large and Small theme <b>Games:</b> Multi skills	<b>Gymnastics:</b> Directions theme <b>Games:</b> Multi skills	<b>Gymnastics:</b> Bridges theme using matching and mirroring <b>Fitness:</b> Variety of circuit training and aerobic workouts	<b>Gymnastics:</b> Spinning and Turning theme <b>Dance:</b> Clowns Theme	<b>Gymnastics:</b> flight theme <b>Swimming</b>	<b>Gymnastics:</b> Counter Balance and Counter Tension Theme <b>Games:</b> Netball
<b>Spring 2</b>	<b>Gymnastics:</b> Moving and Still theme	<b>Games:</b> Multi skills <b>Dance:</b> Variety of themes	<b>Games:</b> Dodgeball <b>Dance:</b> Variety of themes	<b>Games:</b> Uni Hockey <b>Dance:</b> North America (Disney Themes)	<b>Games:</b> Uni Hockey <b>Swimming</b>	<b>Games:</b> Netball <b>Dance:</b> Indian/Bollywood Theme	<b>Dance:</b> Tribal Dances and Haka theme <b>Games:</b> Football
<b>Summer 1</b>	<b>Games:</b> Multi skills circuits	<b>Games:</b> Striking & Sending Skills theme <b>Games:</b> Multi skills	<b>Games:</b> Netball/Rounders <b>Games:</b> Multi skills	<b>Games:</b> Short Tennis <b>Games:</b> Rounders	<b>Games:</b> Short Tennis <b>Swimming</b>	<b>Games:</b> Short Tennis <b>Games:</b> Rounders/Cricket/Danish Longball	<b>Games:</b> Short Tennis <b>Games:</b> Cricket
<b>Summer 2</b>	<b>Athletics:</b> Multi events	<b>Athletics:</b> Multi events <b>Games:</b> Multi skills	<b>Athletics:</b> Multi events <b>Games:</b> Netball/Rounders	<b>Athletics:</b> Multi events <b>Games:</b> Rounders	<b>Athletics:</b> Multi events <b>Swimming</b>	<b>Athletics:</b> Multi events <b>Games:</b> Rounders/Cricket/Danish Longball	<b>Athletics:</b> Multi events <b>Games:</b> Rounders (Danish Longball)