



Curriculum Area: Physical Education

*****All themes are subject to change and modification due to the current Gov. restrictions in PE and sport (Covid19)**

Subject Lead: M Wilkinson

	Reception	Y1	Y2	Y3	Y4	Y5	Y6
Autumn 1	Gymnastics: Travelling theme	Games: Multi skills Dance: Variety of themes	Games: Multi skills Dance: Variety of themes	Gymnastics: Opposites theme Games: Netball	Gymnastics: Stretching and Curling theme Games: Netball	Gymnastics: Flight theme Swimming	Gymnastics: Counter Balance and Counter Tension Theme Games: Football
Autumn 2	Dance: Variety of themes	Gymnastics: Hands and Feet theme Dance: Variety of themes	Gymnastics: Weight Bearing theme Dance: Variety of themes	Games: Uni Hockey Games: Netball	Games: Uni Hockey Games: Netball	Dance: Indian/Bollywood theme Swimming	Dance: Thriller theme Games: Netball
Spring 1	Games: Multi skills	Gymnastics: Large and Small theme Games: Multi skills	Gymnastics: Directions theme Games: Multi skills	Gymnastics: Bridges theme using matching and mirroring Fitness: Variety of circuit training and aerobic workouts	Gymnastics: Spinning and Turning theme Dance: Clowns Theme	Gymnastics: Body Shape theme Swimming	Gymnastics: Group Work theme Games: Netball/Football
Spring 2	Gymnastics: Moving and Still theme	Games: Multi skills Dance: Variety of themes	Games: Dodgeball Dance: Variety of themes	Games: Uni Hockey Dance: Ancient Egyptian theme	Games: Uni Hockey Swimming	Games: Football Games: Netball	Dance: Tribal Dances and Haka theme Games: Handball
Summer 1	Games: Multi skills circuits	Games: Striking & Sending Skills theme Games: Multi skills	Games: Netball/Rounders Games: Multi skills	Games: Short Tennis Games: Rounders	Games: Short Tennis Swimming	Games: Short Tennis Games: Rounders/Cricket/Danish Longball	Games: Short Tennis Games: Cricket
Summer 2	Athletics: Multi events	Athletics: Multi events Games: Multi skills	Athletics: Multi events Games: Multi skills	Athletics: Multi events Games: Rounders	Athletics: Multi events Swimming	Athletics: Multi events Games: Rounders/Cricket/Danish Longball	Athletics: Multi events Games: Rounders/Danish Longball